

The Light Within

By

Juliet Lyons

Written by

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There are occasions when you are working away at something and from the far reaches of the room you hear something quite amazing, so much so that you stop what you're doing and ask just "what it is that I am listening to?" This is exactly what happened to me the other day, when I heard my wife listening to **The Light Within** by **Juliet Lyons** and now here I am reviewing the album, how lucky I am?

This beautiful sojourn within music starts with the first track entitled **Lokah Samastah**; this piece features the talents of *Rupesh Menon* and is a beautifully fluent and uplifting offering that is simply the perfect way to start an album of this style and content.

I have heard it said that listening to Lyons is like listening to the angels calling across the great galactic divide, this would appear to be so, especially when you literally bathe in this next piece called **Om Shanti**. Of course a very well-known song in new age circles, but this is one that stands out, not only for its multi-instrumental nature, but the sublime class of **Juliet Lyons** amazing vocal range and harmonic sensitivities.

At nearly seven and a half minutes **Flow** is the longest offering off the album and gives us, an opportunity to just be, to relax totally in a pool of harmonic bliss. Those gentle but rhythmic Tabla's drive the journey and the Sitar creates such a sublime sense of oneness all around us. The floating nature of the track and the choral brilliance of Lyons, created for me my personal favourite track off the album, so just, flow!

From flow, to **Calm**, now here we have something fresh, new and exciting, the lyrics are quite emotive and reminds me of my past, when my wife would say to me, just breath, its ok, be calm. I think personally this should be released as a single, I am pretty certain it would be a massive hit. The vocals are so touching and beautifully delivered that it truly moves the soul; the percussive beat is modern and incredibly crisp, again another favourite of mine.

The piano leads us into a really gentle instrumental offering now called **Dawning Equilibrium**. The delicacy of this piece is pure tranquillity on a bed of freshly grown serenity. The soothing tones of this multi-instrumental composition is indeed perfectly balanced in all ways, and leaves the listener with a sense of emotional bliss, one that raises the energies as it goes but always retaining that much needed equilibrium.

I had been looking forward to this track, it reminds me of that time of day in the very early hours of the morning, just as the sunrises and humanity is still largely sleep, and it's called **Stillness**. **Juliet Lyons** has a voice that seems to caress your senses with the ease of a white dove taking flight. The serene dimension that this piece manifests is well worth spending a lot of time in; I also have to mention the strings within this offering, as they are so very endearing to the musical palette.

As we move forever onward into this new realm of angelic music, we come across a composition called **Eternal Now**. Note first the foundations created by the dreamy keyboards, and then a subtle acoustic guitar joins the amazing *Ron Korb* on flute for a simply breath-taking opus of sound. The mantra is the now, something each and every day I align myself with, after all what else is there other than this eternal now? The balance and positivity of this song is an anthem for us all.

One of the most fascinating songs off the album for me personally is called **Heal You**; it reminds me of a band I use to adore in the early part of this century called *Kin Za Za*. The production on this track is so addictive and beautifully layered, and another that could possibly be labelled as potential single material. Allow the music to heal you, this is a musical opportunity to simply bliss out and enjoy a moment of tranquil vocals by the artist.

It's quite incredible to think, but it's true, we are at the penultimate piece off the release and this final but one offering is a gift called **The Light Within**. The tone of this song is perfection; I could drift away with ease to it. I also found something quite healing about this piece as well; however that was more than likely due to the incredibly well-crafted build, construction and progression of the composition, one that is a real stand out piece among many, another anthem perhaps?

We reach that final shoreline of musical mastery and as we do so **Juliet Lyons** presents us with one more song to take along on our way, it is quite simply called **Shine**. The messages in all you do, with each breath you take are just shine. The performance by Lyons is both meaningful and sung with an honest intent and an open heart. This has to be simply the best way to leave an album of this nature, one that will leave the listener filled with both love and joy.

The Light Within by **Juliet Lyons** is a revelation and a real shot in the arm for the vocal wing of the new age genre, something that had been needed for quite some time. Lyons floating, but pristine vocals are a treasure to listen to, especially as the artist creates an all-encompassing collection of great compositions that we can all relate to and get something from. **The Light Within** by Juliet Lyons is one of those rare panaceas of musical delight and bliss.